

TRAININGSSCHEMA vanaf 22 februari

dag	tijdstip	VELD 1				tijdstip	VELD 2				
		1/4 Veld (cirkel straat)	1/4 Veld	1/4 Veld	1/4 Veld (cirkel bos)		1/4 Veld (cirkel straat)	1/4 Veld	1/4 Veld	1/4 Veld (cirkel bos)	
Maandag	16u30 - 17u45	U8B1-2-3-4 (1-A-4)		U9B2	U9B3	16u30 - 17u45	U11B2	U9B1	U8G1-2-3-4 (A-B-C)		
	17u45 - 19u00	U11B1	U11G2 (A-B)	U12B1	U12B3	17u45 - 19u00	U12G1 (A-B)	U12G2	U11G1 (A-B)	U12B1	
	19u00 - 20u30	Dames 1				19u00 - 20u15	U16B1 - U19B1 (A-B-C)				
	20u30-21u15	Gents				20u30-21u15	(Junior) Ladies				
	21u15 - 22u00	Gents				21u15 - 22u00	Ladies				
Dinsdag	16u30 - 17u45	U14B1 - U14G1 (A-B-C)		U14B3		16u30 - 17u45	U16G3(A)	U16G3(B)	U16G2 (A-B)	U16G4 (A-B)	
	17u45 - 19u00	U14B2-A	U14B2-B	U14G2-A	U14G2-B	17u45 - 19u00	U14B4-A	U14B4-B	U14G3 (A-B)	U14G4 (A-B)	
	19u00 - 20u15	U16G1 (A-B) - U19G1				19u00-19u45	Dames 2				
	20u15 - 22u15	Heren 1				19u45 - 20u30	Dames 3				
		Heren 1				20u30 - 21u15	Dames 4				
Woensdag	13u15 - 14u15	U7GA-B		U7B1-2 (A) - U7B3-4 (B)		13u15 - 14u15	Mini's en TG				
	14u15 - 15u30	U9B1	U9G2	U8G1-2-3-4 (A-B-C)		14u15 - 15u30	U8B1-2-3-4 (1-A-4)		U9B3	U9B2	
	15u30 - 16u45	U10B1 (A-B)	U10B2 (A-B)	U10B3	free	15u30 - 16u45	U11G1 (A-B)	U11G2 (A-B)	U10G1	U10G2	
	16u45 - 18u00	U12G1 (A-B)	U12G2	U11B2	U11B1	16u45 - 18u00	U12B1	U12B2	U12B3	U9G1	
	18u00 - 19u15	U16B2 (A)	U16B2 (B)	U16G2 (A)	U16G2 (B)	18u00 - 19u15	U19G2 (A-B)	U19G3 (A)	U19G3 (B)	U19G4	
	19u15 - 20u30	U16B1 - U19B1 (A-B-C)				19u15 - 20u30	U19B2 (A)	U19B2 (B)	U19B3 (A)	U19B3 (B)	
	20u30 - 21u15	Trimmers				20u30-21u15	Heren 3				
	21u15 - 22u00	free				21u15-22u00	Heren 4				
	Donderdag	16u30 - 17u45	U14B2-A	U14B2-B	U14B4-A-B	U14B3	16u30 - 17u45	U14G3 (A)	U14G3 (B)	U14G4 (A)	U14G4 (B)
		17u45- 19u00	U14G2-A	U14G2-B	U16G3(A)	U16G3(B)	17u45- 19u00	U16G4 (A)	U16G4 (B)	U16B2 (A)	U16B2 (B)
19u00 - 21u00		Dames 1				19u00-20u15	U19G2 (A-B)	U19G3 (A)	U19G3 (B)	U19G4	
21u00 - 22u00		free				20u15-22u00	Heren 1				
Vrijdag	16u30 - 17u45	U10G1	U10G2	U9G1	U9G2	16u30 - 17u45	U10B1 (A-B)	U10B2 (A-B)	U10B3	GK Be Gold	
	17u45 - 19u00	U14B1 - U14G1 (A-B-C)				17u45 - 19u00	U16G1 (A-B) - U19G1				
	19u00-20u30	Dames 1				19u00 - 20u15	U19B2 (A)	U19B2 (B)	U19B3 (A)	U19B3 (B)	
	20u30-22u00	Heren 2				20u15 - 21u00	CL		Heren 5		
Zaterdag	9u45 - 11u00	U14B1 - U14G1 (A-B-C)				9u45 - 11u00					
	11u00-12u15	U16B1 - U19B1 (A-B-C)				11u00-12u15	U16G1 (A-B) - U19G1				

Ploeg	maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag
U7 boys			13:15-14:15			
U7 girls			13:15-14:15			
U8 boys	16:30-17:45		14:15-15:30			
U8 girls	16:30-17:45		14:15-15:30			
U9 boys	16:30-17:45		14:15-15:30			
U9 girls 1			16:45-18:00		16:30-17:45	
U9 girls 2			14:15-15:30		16:30-17:45	
U10 boys			15:30-16:45		16:30-17:45	
U10 girls			15:30-16:45		16:30-17:45	
U11 boys 1	17:45-19:00		16:45-18:00			
U11 boys 2	16:30-17:45		16:45-18:00			
U11 girls	17:45-19:00		15:30-16:45			
U12 boys	17:45-19:00		16:45-18:00			
U12 girls	17:45-19:00		16:45-18:00			
U14 boys 1		16:30-17:45			17:45-19:00	9:45-11:00
U14 boys 2-4		17:45-19:00		16:30-17:45		
U14 boys 3		16:30-17:45		16:30-17:45		
U14 girls 1		16:30-17:45			17:45-19:00	9:45-11:00
U14 girls 2		17:45-19:00		17:45-19:00		
U14 girls 3-4		17:45-19:00		16:30-17:45		
U16 girls 1		19:00-20:15			17:45-19:00	11:00-12:15
U16 girls 2		16:30-17:45	18:00-19:15			
U16 girls 3-4		16:30-17:45		17:45-19:00		
U16 boys 1	19:00-20:15		19:15-20:30			11:00-12:15
U16 boys 2			18:00-19:15	17:45-19:00		
U19 girls 1		19:00-20:15			17:45-19:00	11:00-12:15
U19 girls 2-3-4			18:00-19:15	19:00-20:15		
U19 boys 1	19:00-20:15		19:15-20:30			11:00-12:15
U19 boys 2-3			19:15-20:30		19:00-20:15	