# JUSTINEHENIN **CAMP INFORMATION**

#### WELCOME

We want to thank you for choosing Justine Henin Academy as your destination for your athletic and personal development. We will do everything we can to make your stay as successful and enjoyable as possible.

Since 2007, Justine Henin Academy has served as a training home for hundreds of young people, adults and professional athletes.

During your stay we will help you becoming a better athlete. But we also wish you to become a better person.

To help you reaching your potential, we will use all our expertise.

**Best Wishes** 

Justine Henin Academy Passion at your service

## CAMP INFORMATION

#### **GENERAL INFORMATION**

Congratulations on your registration.

Every student and their parents should know the information's below before attending Justine Henin Academy in order to be prepared for a successful stay.

#### **CHECK IN**

Programs	Student	Check	Time	Room availability	Location
	type	in Day			
Weekly	Boarding	Sunday	4pm	After 4pm	Residence
Weekly	Non-Boarding	Monday	08.30 am		Welcome Desk
Monthly	Boarding	Sunday	4pm	After 4pm	Residence
Monthly	Non-Boarding	Monday	08.30 am		Welcome Desk

**Schedule:** You'll find an example of a daily schedule at the academy in this document.

**Important Documents:** Plane tickets, passport, and important documents must be handed in during check-in for safe-keeping during the stay.

**Room Assignments:** Concerning the boarding players, they'll have a look at their room with the Accommodation Manager at the end of the check-in process. Rooms will be available for students after 4:00pm.

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#### CHECK OUT

**For Weekly and Monthly Programs:** Check-out is on Saturday at 7am. All boarding players must check-out of their room by this time, unless they are continuing into the following week's program.

**Non-Boarding Program:** Players will automatically be checked-out of their reservation at the end of their program.

**Room Verification:** Boarding players first check-out with the Accommodation Manager who will walk through the room to make sure that the room is in the same condition as it was prior the arrival. Players may be asked to clean their room to avoid a room cleaning fee or may be charged for room damage.

#### TRANSPORTATION

**Transportation Requests:** Transportation to and from a selected airport or bus depot may be arranged with the Academy staff. Please make all travel arrangements at least 72 hours in advance by e-mail or phone confirmation. Please contact the Transportation Department for additional information. Prices are subject to change without notice.

Contact us

Phone: +3210410900

E-mail: info@justineheninacademy.com

Brussels/Zaventem Airport- Transportation is 55€ \*

Brussels/Charleroi Airport- Transportation is € 75€\* \*Multi-person rates may be available.

## CAMP INFORMATION

#### **Medications for players**

If your child receives daily medication, the academy must be informed upon the arrival. Prescription medications must be in original containers and labeled with the child names. When applicable, please provide an English translation for medications.

#### Other

During summer time, provide your child with sunscreen and insect repellent and instruct your child to apply sunscreen numerous times a day.

Please tell your child that it is important to drink (water, energy drink) regularly throughout the day.

#### **RESIDENT PLAYERS SERVICES**

**Accommodations:** Players are housed in a 2 persons-room by gender. The Players residence is fully equipped.

**Supervision:** The accommodation manager supervises the Players residence, 24h/24h and 7 days per week.

**Guest accommodations:** Parents and families may choose to stay in one of our hotel partners, see Hotel Section. Please contact us for pricing and availability.

Please note that pets are not allowed in the Players residence.

**Dining:** Boarding Players will receive breakfast, lunch and dinner. Non-Boarding Student will receive lunch. Additional meals can be purchased at the clubhouse/restaurant of the club.

**Student Bank:** A personal spending account may be opened for each player with cash or credit card. Please not that 5% service charge applies for any credit card deposit.

#### Justine Henin Academy is not responsible for any money that is not deposited in a student's personal bank account.

### CAMP INFORMATION

**Laundry services:** Available on the residence for players who would like to do their own laundry.

**Phone:** There are no phones available in the residence. Players are allowed to bring cell phones, but they are not permitted to use them during program hours.

Mail: Incoming mail, please send mail to students at the following address:

Player's name Avenue Léon Fournet, 20 1342 Limelette Belgium Players mail will be distributed by the manager. <u>Outgoing mail</u>, may be dropped off to the manager.

**Stringing Service:** available at the academy. You can string your racket with your own string for 7.5€ per racquet or with a string sale by stringing service (Wilson or Luxillon).

**Activities:** All activities are supervised by the Accommodation Manager. Saturday afternoon, at least twice a month, the accommodation manager organizes a trip to the mall, cinema, theaters and in the summer time, theme parks (Walibi). The cost of these fees is in addition to the program fees.

**Inclement Weather:** In case of rain or other inclement weather, programs may be shortened or altered. No refunds or credits will apply.

## CAMP INFORMATION

#### WHAT TO BRING

#### Suggested Items to Bring

The items below are based on a one-week stay at the Academy. Players staying multiple weeks will need to adjust this list to accommodate their stay. Laundry service is available for full boarding.

2-3 Rackets	Sunscreen/Lotion	
10 Shorts/Skirts	Personal Toiletries	
10 Pairs of Socks	Sunglasses	
12 Shirts/Tops	Alarm Clock	
2 Pairs of Tennis Shoes	Jacket	
1 Pairs of Running Shoes	Phone	
Swimsuit	Stamps/Writing Material	
Jump Rope	X-Long Twin-Size Sheets*	
Beach/Bath Towels	Pillowcase*	
Water Jug	Laundry Bag	

\*Please note that the Academy does not provide any sheets/pillowcases or towels. Each student needs to bring his/her own from home. Pillows and mattress pads are provided. Blankets are available upon request.

## CAMP INFORMATION

#### SCHEDULE

A week at the Justine Henin Academy is as follows:

#### Monday to Friday

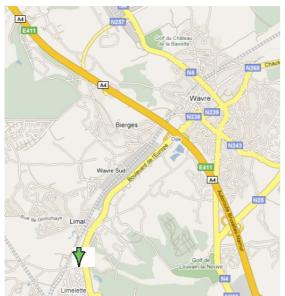
7.30 am	Breakfast (Boarding Players).	
8.15 am	Transportation to the Academy (Boarding Players).	
8.30 am	General and Specific Warm-up.	
9.00–12.30 pm	Group Practice: In these sessions will be incorporated drills, game situations, points and physical work out. Players will be grouped according to their skill level.	
12.30–13.30 pm	Lunch and rest period	
14.00-16.30 pm	Group Practice: In these sessions will be incorporated drills,	
	game situations, points and physical work.	
16.30-17.00 pm	Regeneration, stretching	
17.00–18.30 pm	Shower, homework, relaxation (Boarding Players).	
18.30-19.00 pm	Diner (Boarding Players).	
19.00 pm	Transportation to Residence (Boarding Players).	
19.30 pm	Homework, relaxation.	
10pm	Sleep.	

## CAMP INFORMATION

#### DIRECTIONS

If you choose to drive, we have included driving direction instructions.

Motorway E 411, coming from Namur or Brussels. Take exit 6-Wavre to join the Boulevard de l'Europe/N238 in the direction of Ottignies.



Take the exit towards **Rue Charles Dubois.** Turn **right** onto **Rue Charles Dubois.** Turn **left** onto **Avenue Léon Fournet.** 



## CAMP INFORMATION

#### HOTEL

If you prefer to stay at the hotel during the program, you will find below a list of hotels close to the academy. We can help you benefit from advantageous prices in our hotel partners of the academy.

#### **IBIS HOTEL WAVRE**

**PARTNER HOTEL** 

Rue du Manil, 91 1301 Wavre – Belgium Tel.: + 32 (0) 10 24 33 34 Email: reservation@wavre-hotel.be http://www.accorhotels.com/fr/hotel-9958-ibis-wavre/index.shtml

#### Château de Limelette \*\*\*\*

**PARTNER HOTEL** 

Rue Charles Dubois 1342 OTTIGNIES- Belgium Tel.: +32 (0) 10 42 19 50 Fax: +32 (0) 10 40 17 17 www.chateaudulimelette.com 10-15 minutes on walk from and to Justine Henin Academy.

#### Leonardo Hotel Wavre \*\*\*

**PARTNER HOTEL** 

Rue de la Wastinne 45 1301 Wavre – Belgium Tel.: + 32 (0) 10 41 13 63 Email: <u>info.wavre@leonardo-hotels.com</u> <u>www.leonardo-hotels.com</u> Shuttle service included from and to Justine Henin Academy (3 km)

#### At home hotel

Place Bosch 33 1300 Wavre- Belgium Tel: +32 (0) 10.22.83.83 Fax: +32 (0) 10.81.69.39 www.at-homehotel.be